## Breastfeeding Friendly Workplace

Resources to support nursing mothers in the workplace.

Are you in need of more support for your worksite breastfeeding program?



## Please visit these local and national resources:

## NH Resources

NH Department of Health and Human Services (NHDHHS) http://www.dhhs.nh.gov/dphs/nhp/wic/breastfeeding.htm

NH Breastfeeding Task Force

http://www.nhbreastfeedingtaskforce.org

## **National Resources**

Women's Health

https://www.womenshealth.gov/breastfeeding

**U.S. Breastfeeding Committee** 

http://www.usbreastfeeding.org

**CDC Guide to Breastfeeding Interventions** 

https://www.cdc.gov/breastfeeding/pdf/breastfeeding\_interventions.pdf

The Business Case for Breastfeeding Support

https://www.womenshealth.gov/breastfeeding/employer-solutions/business-case.html







