



Breastfeeding Friendly **Employer Award**

Purpose of NH Breastfeeding Friendly Employer Award

The New Hampshire Breastfeeding Task Force aims to promote, protect, and support breastfeeding. Exclusive breastfeeding for at least 6 months after birth is optimal for the health of a mother and her infant. The Task Force would like to recognize employers that support breastfeeding in their workplaces.

Eligibility

Although certain accommodations for nursing mothers are required per the Patient Protection and Affordable Care Act, the Task Force is seeking employers who are establishing and maintaining comprehensive, high-quality lactation support for their employees. Employers that have or are working toward, paid maternity leave for all employed mothers, flex-time schedules, job-sharing, work-from-home, and on-site child care, will be recognized for these family-centered policies.

Application Timeline

Applications are due April 30 of each year and awards will be made at the annual Breastfeeding Task Force Conference later that Spring, usually May or June.

Award Levels

Honorable Mention for employers who meet Affordable Care Act criteria of:

- A written breastfeeding policy that is provided to all employees
- Provide a room with a lockable door (not a bathroom/toilet)
- A comfortable chair for pumping or nursing baby
- Flexible (paid or unpaid) breaks of at least 15-20 minutes every 2-3 hours and a lunch break

New Hampshire Award for employers who provide all the above and:

- Educational breastfeeding materials for all expectant parents
- Lactation room, or designated room with a lock on the door
- Refrigerator nearby for milk storage
- Nearby sink for washing up
- Electrical outlet
- Extra credit: radio/CD player, telephone, breastfeeding artwork

Employer Recognition

Awards will be made at the annual Task Force conference and publicized through local and state press releases and on the Task Force website.

How to Apply

Complete the self-assessment application on the website, www.nhbreastfeedingtaskforce.org and email a copy to nhbreastfeeding@gmail.com or U.S. mail a copy to:

NH Breastfeeding Task Force
PO Box 3914
Concord, NH 03302-3914